

## Social Emotional Book List- Read Alouds

Focus on Self-Regulation, Relationships, Feelings and Persistence

- Andreae, G., & Rees, G. (2001). *Giraffes can't dance*. New York: Orchard Books.
- Bang, M. (1999). *When Sophie gets angry--really, really angry ...* New York: Blue Sky Press.
- Barton, B. (1973). *Buzz, buzz, buzz*. New York: Macmillan.
- Beaumont, K., & Catrow, D. (2004). *I like myself!* Orlando: Harcourt.
- Binkow, H., & Cornelison, S. (2005). *Howard B. Wigglebottom learns to listen*. U.S.A.: Thunderbolt Pub.
- Boynnton, S. (2007). *What's wrong, little Pookie?* New York: Robin Corey Books.
- Corey, D., & Axeman, L. (1976). *You go away*. Chicago: A. Whitman.
- Cannon, J. (1997). *Verdi*. San Diego, Calif.: Harcourt Brace.
- Carlson, N. (1996). *Sit still*. New York: Viking.
- Cook, J., & DuFalla, A. (2006). *A bad case of tattle tongue*. Chattanooga, TN: National Center for Youth Issues.
- Cook, J., & Hartman, C. (2005). *My mouth is a volcano!* Chattanooga, Tenn.: National Center for Youth Issues.
- Corey, D., & Axeman, L. (1976). *You go away*. Chicago: A. Whitman.
- Curtis, J., & Cornell, L. (1998). *Today I feel silly & other moods that make my day*. New York: HarperCollins.
- Curtis, J., & Cornell, L. (2012). *My brave year of firsts: Tries, sighs, and high fives*. New York, NY: Joanna Cotler Books.
- Cuyler, M., & Hillenbrand, W. (2004). *Please say please!: Penguin's guide to manners*. New York: Scholastic Press.
- DeLuise, D., & Santoro, C. (1990). *Charlie the caterpillar*. New York: Simon and Schuster Books for Young Readers.
- Dewdney, A. (2013). *Llama Llama and the bully goat*.
- Dewdney, A. (2009). *Llama Llama misses Mama*. New York: Viking.
- Dewdney, A. (2012). *Llama Llama time to share*. New York: Viking.

- Dickson, A., & Brannon, T. (1986). *Grover's bad, awful day*. New York: Western Pub. in conjunction with Children's Television Workshop.
- Diesen, D., & Hanna, D. (2008). *The pout-pout fish*. New York: Farrar Straus Giroux.
- Elliott, D., & Ering, T. (2009). *Finn throws a fit!* Somerville, Mass.: Candlewick Press.
- Gackenbach, D. (1977). *Harry and the terrible whatzit*. New York: Seabury Press.
- Hallinan, P. (2005). *How do I love you?* Nashville, Tenn.: Ideals Children's Books.
- Helakoski, L., & Harper, L. (2008). *Woolbur*. New York, NY: HarperCollins Children's Books.
- Henkes, K. (1987). *Sheila Rae, the brave*. New York: Greenwillow Books.
- Henkes, K. (2000). *Wemberly worried*. New York: Greenwillow Books.
- Hills, T. (2006). *Duck & Goose*. New York: Schwartz & Wade Books.
- Hoopmann, K. (2006). *All cats have Asperger Syndrome*. London: Jessica Kingsley.
- Horton hatches the egg*,. (1940). New York: Random House.
- Litwin, E., & Dean, J. (2010). *Pete the cat: I love my white shoes*. New York: Harper.
- Litwin, E., & Dean, J. (2012). *Pete the cat and his four groovy buttons*. New York, NY: Harper.
- Kasza, K. (2012). *Silly Goose's big story*. New York: G. P. Putnam's Sons.
- Kimmelman, L., & Terry, W. (2011). *The three bully goats*. Chicago, Ill.: Albert Whitman.
- Klassen, J. (2011). *I want my hat back*. Somerville, Mass.: Candlewick Press.
- Krauss, R., & Johnson, C. (1945). *The carrot seed*. New York: Harper & Brothers.
- Mayer, M. (1983). *I was so mad*. New York: Golden Press.
- Meiners, C., & Johnson, M. (2010). *Cool down and work through anger*. Minneapolis, MN: Free Spirit Pub.
- Meiners, C., & Johnson, M. (2003). *Listen and Learn*. Minneapolis, MN: Free Spirit
- Melling, D. (2010). *Hugless Douglas*. Wilton, Conn.: Tiger Tales.
- Metzger, S., & Cain, J. (2011). *The way I act*. Seattle, Wash.: Parenting Press.
- Miller, M. (1994). *My five senses*. New York, N.Y.: Simon & Schuster Books for Young Readers.
- Moroney, T. (2007). *When I'm feeling jealous*. Rowville, Vic.: Five Mile Press.

- Moroney, T. (2011). *When I'm feeling: The complete 8 book collection*. Scoresby, Vic.: Five Mile Press.
- Newark Learning –Series: I Have Feelings; I Get Along with Others; I am in Control of Myself; I believe in Myself
- Hills, T. (2006). *Duck & Goose*. New York: Schwartz & Wade Books.
- Johnson, S. (1996). *My many colored days*. New York: Knopf .
- Parr, T. (2011). *The I'm Not Scared Book*. New York: Megan Tingley Books.
- Parr, T. (2012). *The thankful book*. New York: Megan Tingley Books.
- Penn, A., & Harper, R. (1993). *The Kissing hand*. Washington, D.C.: Child Welfare League of America.
- Sendak, M. (1963). *Where the wild things are*. New York: Harper & Row.
- Seuss, D. *Horton hatches the egg*,. (1940). New York: Random House.
- Shannon, D. (1998). *No, David!* New York: Blue Sky Press.
- Shannon, D. (1999). *David goes to school*. New York: Blue Sky Press.
- Spelman, C., & Parkinson, K. (2002). *When I feel scared*. Morton Grove, Ill.: A. Whitman.
- Stone, J., & Smollin, M. (2004). *The monster at the end of this book*. New York: Golden Books.
- Wilson, K., & Cushman, D. (2004). *Never, ever shout in a zoo*. New York: Little, Brown.
- Wilson, K., & Chapman, J. (2008). *Bear feels scared*. New York: Margaret K. McElderry Books.
- Yolen, J., & Murphy, K. (2011). *Creepy monsters, sleepy monsters: A lullaby*. Somerville, Mass.: Candlewick Press.
- Yolen, J., & Teague, M. (2013). *How do dinosaurs say I'm mad?* New York, N.Y.: The Blue Sky Press.

### Teacher Resources

- Baker, J. (2001). *Social skills picture book: Teaching communication, play and emotion*. Arlington, TX: Future Horizons.
- Biel, L., & Peske, N. (2009). *Raising a sensory smart child: The definitive handbook for helping your child with sensory processing issues* (Updated & rev. ed.). New York, N.Y.: Penguin Books.
- Bragdon, A., & Gamon, D. (2000). *Brains that work a little bit differently: Recent discoveries about common mental diversities*. South Yarmouth, MA: Brainwaves Books.
- Buron, K., & Curtis, M. (2003). *The incredible 5-point scale: Assisting students with autism spectrum disorders in understanding social interactions and controlling their emotional responses*. Shawnee Mission, KS: Autism Asperger Pub.

- Chissick, M., & Peacock, S. (2014). *Ladybird's remarkable relaxation: How children (and frogs, dogs, flamingos and dragons) can use yoga relaxation to help deal with stress, grief, bullying and lack of confidence*. London: Singing Dragon.
- Craig, S. (2008). *Reaching and teaching children who hurt: Strategies for your classroom*. Baltimore: Paul H. Brookes Pub.
- Cross, A. (2010). *Ants in their pants: Teaching children who must move to learn*. St. Paul, MN: Redleaf Press.
- Delaney, T. (2008). *The sensory processing disorder answer book: Practical answers to the top 250 questions parents ask*. Naperville, Ill.: Sourcebooks.
- Gartrell, D. (2000). *What the kids said today: Using classroom conversations to become a better teacher*. St. Paul, MN: Redleaf Press.
- Gottman, J. (2004). *What am I feeling?* Seattle, Wash.: Parenting Press.
- Gray, C. (2010). *The new social story book (10th anniversary ed.)*. Arlington, Tex.: Future Horizons.
- Henry, S., & Myles, B. (2007). *The comprehensive autism planning system (CAPS) for individuals with asperger syndrome, autism, and related disabilities: Integrating best practices throughout the student's day*. Shawnee Mission, Kan.: Autism Asperger Pub.
- Honig, A. (2010). *Little kids, big worries: Stress-busting tips for early childhood classrooms*. Baltimore: Paul H. Brookes Pub.
- Hoopmann, K. (2009). *All dogs have ADHD*. London: Jessica Kingsley.
- Howe, M., Brittain, L., & McCathren, R. (n.d.). Meeting The Sensory Needs Of Young Children In Classrooms. *YOUNG EXCEPTIONAL CHILDREN*, 11-19.
- Isbell, C., & Isbell, R. (2007). *Sensory integration a guide for preschool teachers*. New York: Gryphon House.
- Kacev, G., & Roth, S. (n.d.). *Bal yoga for kids*.
- Kaiser, B., & Rasminsky, J. (2003). *Challenging behavior in young children: Understanding, preventing, and responding effectively*. Boston: Allyn and Bacon.
- Kranowitz, C. (2003). *The out-of-sync child has fun: Activities for kids with sensory integration dysfunction*. New York: Berkley Pub. Group.
- Kranowitz, C. (2005). *The out-of-sync child: Recognizing and coping with sensory processing disorder (Rev. and updated ed.)*. New York: A Skylight Press Book/A Perigee Book.
- Kranowitz, C., & Newman, J. (2010). *Growing an in-sync child: Simple, fun activities to help every child develop, learn, and grow*. New York: Perigee.
- Kranowitz, C. : *Sensory issues in learning & behavior [Motion picture on DVD]*. (2009). Future Horizons.

Lande, A. (2010). *Songames for sensory processing: 25 therapist-created musical activities for improving fine & gross-motor skills, muscle strength and rhythmicity*. Arlington, TX: Sensory World / Future Horizons.

Long,S.(2014,May 28). Autism Helper. [web log] Retrieved from <a href="http://theautismhelper.com" target="\_blank">

Moyes, R. (2010). *Building sensory friendly classrooms to support children with challenging behaviors: Using data and cognitive behavioral therapy to teach replacement skills*. Arlington, TX: Sensory World.

Pica, R. (2008). *Jump into math: Active learning for preschool children*. Beltsville, Md.: Gryphon House.

Topal, C., & Gandini, L. (1999). *Beautiful stuff!: Learning with found materials*. Worcester, Mass.: Davis Publications.

Veenendall, J. (2009). *Why does Izzy cover her ears?: Dealing with sensory overload*. Shawnee Mission, Kan.: Autism Asperger Pub.

*Yogakids fun collection* [Motion picture on DVD]. (2005). Gaiam.

## Websites

Consciousdiscipline.com: Conscious Discipline – Safe Space Information; icons

Cosmic Kid Yoga: Youtube

CSEFEL: Center on the Social and Emotional Foundations for Early Learning

Developingchild.harvard.edu: Center on the Developing Child at Harvard University; Articles; Videos; Brain Research

Do2Learn: Educational Resources for Special Needs

GoNoodle: Free Brain Breaks for Your Classroom

Positivediscipline.com: Wheel of Choice

SIFocus.com: Sensory Integration for those with Sensory Processing Disorder

Sensory Resources.com

TACSEI :Technical Assistance Center on Social Emotional Intervention on Young Children