

## ENDING THE SILENCE

PRESENTERS JEFF THOMPSON AND MADELEINE SMITH

## **ABOUT THE PRESENTATION**

This is a 50 minute presentation for parents and other primary caregivers of adolescents to help raise awareness of mental health conditions. The goal of this presentation is to educate families about the early warning signs of mental illness and how early recognition, support and treatment may be keys to positive outcomes. The presentation includes:

- Warning signs
- Facts and statistics
- · How to approach and help one's child

Additionally, the presentation includes personal testimony from a young adult living with a mental health condition and his/her journey to recovery



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